

E3 pudiyador times

55TH EDITION JUL-SEP 2023

Our President's Message

Dear Pudiyador family,

Join me in exploring the latest edition of our Pudiyador newsletter which stands as a witness to the hard work and dedication behind every Pudiyador program.

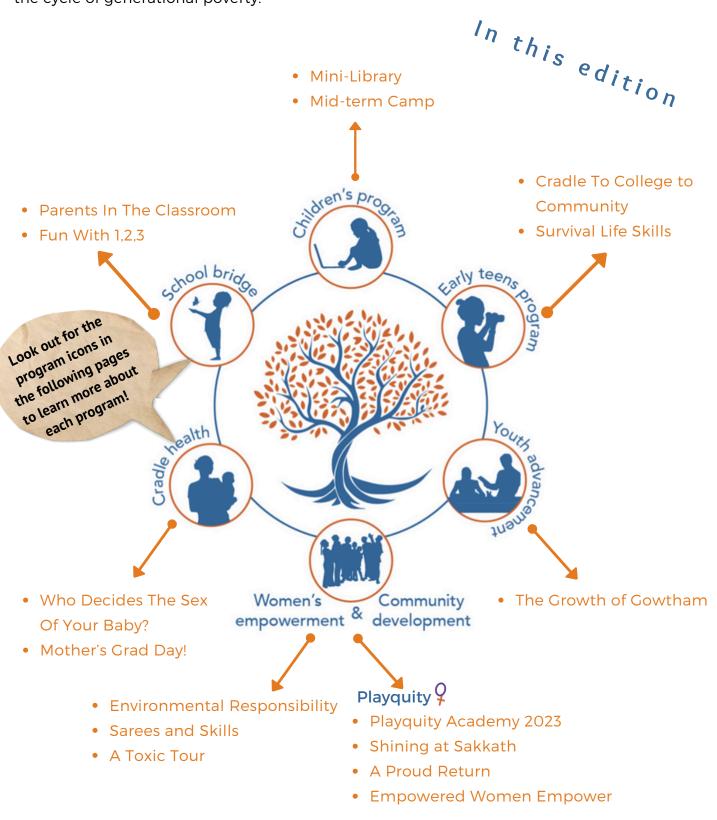
With the hot summer behind us and school activities resuming in full swing, this edition has updates about our cradle to college programming that will inform, delight, and inspire.

I invite you to enjoy reading through it, reminiscing about your own childhood and those of the other children in your lives.

With love, Swapnaa

'From cradle to college to community'

Pudiyador is an education-driven child and family organisation that caters to marginalised communities across India. Our goal is to equip children and their families with experiences and opportunities that will empower them and their communities to break the cycle of generational poverty.



HIGHLIGHTS

SOCIAL JUSTICE DAY CELEBRATION

"Social Justice Day" is celebrated at Pudiyador to bring awareness to the children about social justice and the significant contribution that E.V.R Periyar (Indian philosopher, politician, independence and social activist) had made towards the development of people in Tamil Nadu. Two of our teachers, dressed up as E.V.R Periyar, shared insights about social justice and the history of E.V.R Periyar. The children took home a lot of values from the life of E.V.R Periyar, with an understanding of how important it is to question the existing system.







TIME TO VOTE AGAIN

Child Parliament Elections" was conducted once again, this year, in the Ramapuram community site, owing to teens graduating to the youth program, teens dropping out and new ones being added. The highlights of this election was printing and using faux nomination filing forms and polling booth slips. The main aim of these elections is to make our teens politically aware citizens. The teens participated in every part of the election process with much interest and a new cabinet of ministers was formed.

HIGHLIGHTS



WINNING SCHOLARSHIPS

Two of our teenagers from Ramapuram learning center, Vishwa and Prithiv Raj, were selected for the Aram Porul Scholarship, an annual educational scholarship of Rs 5000 which they will receive yearly, until they complete their 12th grade. The main aim of this scholarship is to create a socially conscious younger generation. In order to win the scholarships, the teens had to go through a few tasks and activities. 10 students from Pudiyador participated, out of which two secured the scholarship.

BREASTFEEDING AWARENESS WEEK



World Breastfeeding Week is held annually between the 1st - 7th of August to encourage breastfeeding and improve the health of babies around the world. In view of this global event, Pudiyador conducted a session on "Breastfeeding Awareness week" at its community sites and this was an event open to all women. Kaushalya and Ramya, lactation specialists from Mommy Talks were the resource persons for the event. They conducted a game on myths surrounding breastfeeding and the women enacted a small drama on how society judges women whether they breastfeed or bottle-feed.

CRADLE HEALTH

For our expectant/new mothers and their infants



Who Decides The Sex Of Your Baby?



In the communities that we work in, mothers are directly and indirectly held responsible for the sex of their babies. Guilt, pain and shame are induced when the mother fails to give birth to a male child. And shockingly, even today, sex determination seems to be carried out in these communities, illegally. Saravanan (Pudiyador Program Manager) was the resource person for this workshop and, using simple analogy, ensured the mothers that they were in no way responsible for the sex of the baby. The women returned home with lighter hearts, knowing that they are in no way the reason for the sex of their babies. Some women tried to share the same understanding with their family members.

Mother's Grad Day!

A total of 20 mothers and 13 infants graduated from our Cradle Health Program this quarter. The mothers shared their feedback on how the workshop on C section and family planning were useful to them. We also encouraged the experienced mothers to take a few sessions, and we appreciated 4 such mothers who had volunteered. The mothers showed a lot of interest in these gatherings and volunteered to prepare healthy snacks for everyone.



SCHOOL BRIDGE

For our toddlers between ages 3-5 years



Parents In The Classroom

Often, parents wonder what happens in a child's class and we at Pudiyador, understanding this need, invited parents to one of our "School Bridge" classes. It was a sweet sight to see parents joyfully engage in the activities and even support their children during the session. We believe that parents form the primary role of being a child's teacher, but owing to a lot of circumstances, this becomes difficult. Small initiatives like these are just tiny steps in bridging that gap.





Fun With 1,2,3

Children in our school bridge program delight in associating numbers with their environment They begin by exploring numbers 1-5 through activities like tracing sandpaper numerals and practicing writing on blackboards. Once they grasp the basic numbers, they enjoy counting beads and arranging sticker bindis.

CHILDREN'S PROGRAM

For children between 5-10 years







Mini-Library

In order to encourage children to read more, the teachers of the Children's Program in the Ramapuram learning center set up a library environment for the children. They cleared the place, stacking the books according to age category and added small child-friendly signages. The sessions are conducted twice a week and both English and Tamil books are read.

Mid-term Camp

Mid-term camps are conducted across Pudiyador's after-school programs in order to engage the children, who are on their quarterly break from school. And the 3 day organized workshop for the Children's Program was filled with a range of activities like book reading, drawing and painting, story-telling and puppet sessions. The children were enthusiastic participants and thoroughly enjoyed each activity.



EARLY TEENS PROGRAM

For our teenagers between 11-14 years





Cradle To College to Community

Teacher recruitment has been a recent challenge at Pudiyador, especially in our Urur Kuppam, Beasant Nagar site. And so, finding Priya (one of our youth beneficiaries) as the new part-time teacher for the Early Teens Program has been a significant highlight. Priya has gone through the entirety of the Pudiyador programming. Joining the after-school program, as an infant and now returning as a teacher, she stands as an example of Pudiyador's work. Priya gives back to her community by being invested in the young lives that she teaches thus completing a full cycle.

Survival Life Skills

Nithya Janani, a volunteer, came forward to devise and create lesson plans for our teens on the theme of "Survival Life Skills". These lessons were created with the aim to help our teens learn useful skills, such as knowing the traffic signal system better, knowing the directions, learning to use Google maps. The created lesson plans will be taught by the youth to the teens in order to encourage and incorporate peer-teaching into our system.



YOUTH ADVANCEMENT PROGRAM

For our teenagers between 15-19 years

The Growth of Gowtham

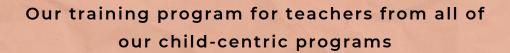
One of the highlights of this year is the progressive growth of Gowtham. He has been part of Pudiyador's programming for almost 17 years, starting since the age of 5. Gowtham is an avid learner. With a natural gifting toward arts, he honed his artistic skills and photography skills through multiple opportunities that were presented to him. He graduated with a Bachelors in Commerce in June, this year and decided to pursue his passion as a nature-lover. He was placed in Palluyir

trust as a Nature Educator, in July.

Palluyir trust is where he interned as a youth beneficiary of Pudiyador and seeing his love for nature, passion for teaching and photography skills, he was placed there. This decision wasn't easy as his family and friends dissuaded him from following his passion and instead wanted him to take up a corporate role. But Gowtham stood his ground, clear of what he wanted to be doing in life and decided to follow his passion over what others were saying. We are incredibly proud of his growth cycle and are happy to witness the effects of how the right influence in a child's life can shape his career.



TEACHER TRAINING





WE HIRE OUR TEACHERS FROM WITHIN THE COMMUNITIES TO TEACH OUR CHILDREN.
A RIGOROUS TRAINING PROGRAM FOR THE TEACHERS ENSURES HIGH QUALITY OF CARE AND EDUCATION
AND A STEADY SOURCE OF EMPLOYMENT.

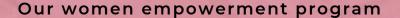
Train the Teachers

Every month we have a common teachers training for all the teachers of Pudiyador. In this quarter, we had a session that revolved around discussing alternative methods for corrective actions for the children. We also had a review for the Library and Socio-Emotional Learning (SEL) sessions. An environmental session to Gandhigramam was also arranged for the teachers in order to create environmental awareness. The Palluyir Trust team conducted a Tree walk session for teachers and they taught them how to identify tree names with leaves, flowers and stems.





WOMEN EMPOWERMENT





Environmental Responsibility

A one-day Environmental day awareness workshop was organized for the beneficiaries of the women's program to create awareness about the environment. The session was led by Nikkitha from the Palluyir NGO, and she conducted activities that helped the women understand about different land and water forms. They also understood the individual responsibility that they have toward the environment they live in.



Sarees And Skills

Sarees form the staple of most Indian women's wardrobe. But did you know? Saree pleating is a skill that has gained momentum in recent times. It is a sought after service in the wedding and entertainment industry. Women can easily earn anywhere between Rs 1000 and Rs 5000 to render this service to potential brides and artists. Our women were taught this skill through a workshop led by Anu.

A Toxic Tour

As part of continued efforts to make our women environmentally responsible citizens, we took them to Ennore port for a "Toxic Tour". Raju, was our session guide, and he shared many insights with the women about the impact and effect of the toxic waste accumulated at the Ennore port. It was a great learning experience for the women, who are rarely out of their homes on educational trips.



PLAYQUITY

Building equity through play by inverting gender roles



Playquity Academy 2023

The Playquity Academy, 2023 is an annual two-month-long event that is conducted for all the Playquity Coaches-in-training. The participants are young women who are either directly a part of Pudiyador or part of our partner organizations. Like last year, this year's Academy also was set in Auroville. The girls are not just trained in the Ultimate Frisbee sport, but were also taught leadership values, life skills and lessons on breaking stereotypes and understanding self-worth. Coaches, Samantha "Broccoli" Zyck and Marie Sennyey from Spain did a phenomenal job in training and honing the girls through the entire period.





Shining at Sakkath

Sakkath is an annual Ultimate Frisbee tournament that our girls had the opportunity to participate in when the Academy ended. It was a great ending to the two-month-long Academy. The girls played as one team, "Bright Future", embodying team spirit, sportsmanship and camaraderie. The girls played exceptionally well and won the "Most Spirited Award", an award that is given to the most spirited teams and/or players, often based on ratings provided by opposing teams.





PLAYQUITY

Building equity through play by inverting gender roles



A Proud Return

Joshila, a remarkable Playquity coach hailing from the vibrant town of Kotra in the heart of Rajasthan, recently had the honor of returning to the very school where she once roamed the hallways as a student. She was asked to share the extraordinary journey she's embarked on as a frisbee coach, inspiring a new generation of young girls with her story of empowerment. Joshila's transformation is a testament to the incredible impact of Playquity's life-changing programs and her unwavering dedication to self-improvement.







Empowered Women Empower

It has been three years since Anjona started with Pudiyador's Playquity project at Jeevan Shiksha, NGO in Assam. Malti and Jotika have been her students from day one and they have been diligently participating and improving as individuals. While Anjona, had to be away from the homebase in Assam, Malti and Jotika stepped in to lead the program and execute the sessions. When Anjona returned from Playquity academy training, she was inspired by Malti and Jotika's leadership and the team's continued effort. She decided to surprise them as a token of appreciation by giving them stainless steel water bottles. She also gave a shout-out to Malti and Jotika and bought them T-shirt. All of the expenses were covered by Anjona and we are elated to see Anjona displaying traits of thoughtful leadership through her initiative.

Pudhiyadhor Charitable Trust Projected Budget - 2023

Projected Budget for 2023 - 78.00 Lakh INR / 93,696 USD





As of Sep 30, 2023
Total amount raised:
18.86 Lakh INR / 22,626 USD



Quarter 4: Oct-Dec
Projected amount to be raised:
18.00 Lakh INR / 45,475 USD

Total amount to be raised including previous quarter deficit:

23.08 Lakh INR / 27,683 USD



Quarter 3 deficit

5.05 Lakh INR / 6095 USD

Here's how YOU can help!

VOLUNTEER WITH US!

Dedicate a few hours of your week to help teach our children in-person or remotely. They would love interacting with you!



FOLLOW US ON SOCIAL MEDIA

Click on the logos to head to our social media!









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DONATE AND EMPOWER OUR COMMUNITIES!

Your contributions ensure that Pudiyador's operations continue to empower communities – from providing rations to families in need, to supporting community teachers, maintain ongoing programming for children, youth, women and other members of the community.

CONNECT US WITH ORGANISATIONS YOU KNOW

Help us partner with organisations you know so we can conduct events and start new projects!



For more information, contact us at: **Phone** +91-8807607041

Website https://pudiyador.org

Email info@pudiyador.org